

Practice Member's Report

It's time for Dr. Elbert's report card! The purpose of this report is to allow you the opportunity to evaluate the service that you have received in my office thus far.

As you already know, the two most important concerns that I have in this office are your excellent health and my great reputation.

This report will also allow both of us to let other in our community know about the tremendous results chiropractic adjustments can provide. You are not obligated to sign your name on the bottom of this form, but you certainly may if you like.

Thanks again for the opportunity to be of service to you, your family, and loved ones!

Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?

(Please describe) *EXTREME BACK PAIN*

What is it that you heard or read that made you decide to choose my office for chiropractic care?

FLYER IN MAIL

Were you skeptical about chiropractic

☒ YES

☐ NO

Please explain:

NEVER BEEN TO ONE

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. *BACK FEELS BETTER*

2. *HEALTH SEEMS BETTER*

3. *MORE KNOWLEDGE HOW BODY WORKS*

What aspects of my service has most impressed you and why?

*EXPLAINING WHAT YOU ARE DOING & WHY &
HOW IT AFFECTS MY BODY*

Your name (optional):

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe) *Very poor - almost unable to move*

What is it that you heard or read that made you decide to choose my office for chiropractic care? *Refere'd by Dr Kasperbauer*

Were you skeptical about chiropractic ☐ YES ☒ NO
Please explain:

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. *Better over all feeling*
2. *Able to move easier*
- 3.

What aspects of my service has most impressed you and why? *Your care and concern*

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe) Headaches & not as good

What is it that you heard or read that made you decide to choose my office for chiropractic care? family recommendation

Were you skeptical about chiropractic? YES ☒ NO
Please explain:

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. posture
2. well being
3. mental attitude

What aspects of my service has most impressed you and why?

The fact that I actually went as long as I have w/o headaches

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe)

*more energy, not headaches, sleep better,
better bowel movements, just feel better.*

What is it that you heard or read that made you decide to choose my office for chiropractic care?

friend likes you

Were you skeptical about chiropractic? YES ☐ NO ☒

Please explain:

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1.

2. *see above*

3.

What aspects of my service has most impressed you and why?

*as many manipulations as needed for
one charge*

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe)

Poor - pain, stressful, ~~falling~~

What is it that you heard or read that made you decide to choose my office for chiropractic care?

Advice from my son whose wife was getting help

Were you skeptical about chiropractic ? YES ☒ NO

Please explain: I've used chiropractic 40 yrs.

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. Haven't fallen
2. Very much less pain.
3. Stress is gone

What aspects of my service has most impressed you and why?

you treat the whole body! Kindness - Possing here for a treatment is not stressful. I know I've get help & feel better

Your name (optional):

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Your Name: Melissa
Your Address: _____

Your Phone: _____
Your Email: _____

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

I love the way I feel now that I have been going to Dr. Elbert. I also love the way it has effected my acne and that there is no medication involved.

How have I benefited from Dr. Elbert's care?

I have benefited greatly in ways that you can + can't see. my acne has decreased greatly and my back feels much, much better.

If someone was asking me about Dr. Elbert's care, here's what I'd say:

that he + his staff are great! everyone is very nice + makes you feel very comfortable. you know that they all care.

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

I think it feels great. I was worried the first time I came in, but he is very gentle and makes me feel comfortable + relaxed.

Other comments about Dr. Elbert:

Dr. Elbert may use any of my comments in the promotion of his practice.
☒ YES ☐ No

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe)

Physically, I was a wreck
Medically, OK
Emotionally SO SO

What is it that you heard or read that made you decide to choose my office for chiropractic care?

Met Rick at a fund raising function. Discussion developed about backs after I had a scheduled surgery denighed. Ricks enthusiasm and belief he could help sold me on trying it as an alternative to surgery.

Were you skeptical about chiropractic ☒ YES ☐ NO

Please explain: I had help several years ago when my problem developed and it did not seem to do anything

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. Physically stronger, balanced, increased flexibility
2. Lost weight, approx. 40 lbs. to date
3. Increased energy and enthusiasm for living actively

What aspects of my service has most impressed you and why?

Enthusiasm and good communication! This has been a learning experience. I have never known my body this well and I owe that to Rick. Lastly, the adjustments have worked

Your name (optional):

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Your Name: Betty:

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

It keeps me going. Had medical Dr. told me if I don't have back surgry well be in wheel chair before long. That was couple years ago.

How have I benefited from Dr. Elbert's care?

I am able to be a Froster Grandma at school (R P MR) at Rockford, Ia. Five days a week. With no pain. Had a real bad back injury. Have come along way back.

If someone was asking me about Dr. Elbert's care, here's what I'd say:

Have told several people how great Dr Rick is. In fact I drive over 100 miles one way to get adjusted. He helped my husband (Orie) also over the years.

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

It feels great to be able to walk and move without pain. I've had my share of pain and wasn't able to sleep nites. Try to go at lease once a month or more.

Other comments about Dr. Elbert:

He is very caring person. I just wish he was closer. Real frienly. I've gone to him for years. Never found anyone who could help me like he does.

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☒ YES ☐ No

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe)

My back was extremely uncomfortable and I had terrible posture. My lower back was ~~uncomfortable~~ ^{painful} on and off

What is it that you heard or read that made you decide to choose my office for chiropractic care?

I walked by the office a lot so I thought I'd try it. My sister would crack my back and that helped a lot, but we didn't know what we were doing so I decided to see the professionals. Were you skeptical about chiropractic? YES NO

Please explain:

~~My~~ My mom is a nurse and she was skeptical. People make chiropractic out to be major spine manipulation but my own back cracking or traction

What are the 3 benefits that you've noticed since you've begun chiropractic care? etc. is much noise.

1. Better posture
2. much less discomfort
3. More flexibility

What aspects of my service has most impressed you and why?

How much it worked! I've always wanted better posture, but thought I had to really work at it. Turns out my spine was just not straight and that was the problem. You are all very friendly and helpful.

Your name (optional):

Plus I love the signs outside. They're hilarious!

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Your Name: CECIL

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

His treatments keep me going inspite of a back problem
that can be painful.

How have I benefited from Dr. Elbert's care?

I am able to do more activities, both work and play

If someone was asking me about Dr. Elbert's care, here's what I'd say:

The important starting point is accurate diagnosis. His
treatments have had both short term and long term
benefits.

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

Good, especially when I have some discomfort. It
is usually partially or completely removed.

Other comments about Dr. Elbert:

He is obviously a successful "healthcare provider." He has
a positive attitude and good humor. I look forward
to my visits for treatment.

Dr. Elbert may use any of my comments in the promotion of his practice.

☒ YES ☐ No

THANK YOU!!!

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Your Name: Mary

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

It helps me live a relatively pain free
existence with good mobility.

How have I benefited from Dr. Elbert's care?

I feel my back is in fairly good
shape - considering age & weight factors

If someone was asking me about Dr. Elbert's care, here's what I'd say:

'He is the best' (and not just because he is
my rep.)

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

Very very good

Other comments about Dr. Elbert:

Amazingly - he knows where you hurt
even if you don't tell him.

Dr. Elbert may use any of my comments in the promotion of his practice.

☒ YES ☐ No

THANK YOU!!!

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Name _____

Jessica

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

He takes the time to really get to know each patient.

How have I benefited from Dr. Elbert's care?

I'm finally recovering from the car accident, I feel good to get back into my normal life.

If someone was asking me about Dr. Elbert's care, here's what I'd say:

He gets to know you really nice, and the adjustment makes you feel better right away. You can see and feel the results.

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

Awesome!!

😊

Other comments about Dr. Elbert:

Dr. Elbert may use any of my comments in the promotion of his practice.

☒ YES ☐ No

THANK YOU!!!

The Loving Life...Loving Health...
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Your Name: Carol

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

It's simply the best! I was hit broadside at 75 mph + spent 6 weeks hospitalized. Absolutely nothing the Drs. tried helped with the pain. I couldn't stand being addle-brained from the pain pills. So I re-turned to chiropractic + I feel GREAT!

How have I benefited from Dr. Elbert's care?

For one thing, I can hold down a full time job as a Nurse now, which was out of the question before. I'm stronger + have more stamina. No pain! I consider my back healed by chiropractic!

If someone was asking me about Dr. Elbert's care, here's what I'd say:

He's a rock star - simply the best! Caring, compassionate, gentle. If he can't fix your problem, nobody can!

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

I can actually feel the difference when I leave. What, RELIEF!! He adjusts me + I'm good for another 10,000 miles.

Other comments about Dr. Elbert:

His staff rocks! They're all so nice + helpful. Dr. E + his staff are just awesome.

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?
(Please describe) *Trouble walking, esp. doing stairs, because of swollen knee.
Pain*

What is it that you heard or read that made you decide to choose my office for chiropractic care? *Other chiropractor not helping. Dr. (MD) didn't know what to do.
Likes' had been helped by you.*

Were you skeptical about chiropractic ☒ YES ☐ NO
Please explain: *I didn't know if it really would help or not.*

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. *Knee is fine*
2. *Recovery from shingles was quicker*
3. *Have been able to travel*

What aspects of my service has most impressed you and why?

You work at getting to the root of the problem & not just treat symptoms.

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?

(Please describe) Lots of joint pain
Had trouble walking

What is it that you heard or read that made you decide to choose my office for chiropractic care?

Daughters satisfaction and her comments on how thorough

Were you skeptical about chiropractic ? YES ☒ NO

Please explain: Had been to a Chiropractor before

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. less joint pain
2. more range of motion
3. easier to walk

What aspects of my service has most impressed you and why?

Friendly + warm Dr. + staff
As well as very knowledgeable

Your name (optional):

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?

(Please describe) *Numbness in arms especially at night and driving. Tired, but I have 3 girls and new baby- attributed the tiredness to that.*

What is it that you heard or read that made you decide to choose my office for chiropractic care? *Referred by my Mom's chiropractor*

Were you skeptical about chiropractic ? YES NO

Please explain: *Didn't know much about it.*

What are the 3 benefits that you've noticed since you've begun chiropractic care?

- 1. Improved posture - had FHP - much better*
- 2. Little if any numbness in hands + arms*
- 3. Improved confidence because of posture.*

What aspects of my service has most impressed you and why?

Everyone is very friendly and ^{I have experienced} amazing results. I've really been impressed with how quickly I saw results.

Your name (optional): _____

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Your Name: Melissa

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

I LOVE CHIROPRACTIC CARE BECAUSE I ALL AROUND FEEL BETTER
NOT JUST MY BACK, BUT MY STOMACH, MY HAND, MY REFLEXES, EVERYTHING
IS WORKING BETTER IN MY BODY

How have I benefited from Dr. Elbert's care?

I DON'T HAVE THE STOMACH PAIN I HAD BEFORE, MY TAIL BONE DOES NOT
HURT AS MUCH ANY MORE, I HAVE PHYSICALLY BEEN ABLE TO STAND
FOR LONG PERIODS WITHOUT PAIN

If someone was asking me about Dr. Elbert's care, here's what I'd say:

THE OFFICE AND DOC TREAT YOU AS FAMILY NOT AS SOMEONE
TO THE BOTTOM LINE: HE REALLY CARES ABOUT YOU AND
MAKING YOUR QUALITY OF LIFE BETTER

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

I FEEL SO MUCH BETTER, LIKE I CAN GO ON WITH
MY DAY HAPPY AND PAIN FREE. WHEN I DON'T GO I FEEL
IT PHYSICALLY I CAN TELL I NEED TO BE ADJUSTED.

Other comments about Dr. Elbert:

DR. ELBERT IS A MAN WHO CARES ABOUT YOU NOT MONEY
OR HOW MANY PATIENTS HE CAN SEE. HE CARES ABOUT YOU AS
AN INDIVIDUAL AND IS GENUINE ABOUT HIS CARE FOR HIS PRACTICE MEMB

Dr. Elbert may use any of my comments in the promotion of his practice.

☒ YES ☐ No

THANK YOU!!!

The Loving Life...Loving Health...
Loving Chiropractic Feedback Form™

Your Name: Michael

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

because it's a way to help me feel better naturally
without medicine or surgery

How have I benefited from Dr. Elbert's care?

I've felt less pain, enjoyed sports more, & have
felt myself perform better at sports

If someone was asking me about Dr. Elbert's care, here's what I'd say:

It's the perfect way to heal your body without all these doctor's
trips.

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

It's relaxing and a good feeling. I can feel the tension leave
my body.

Other comments about Dr. Elbert:

He is a great doctor. He's honest and I completely
trust him.

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☒ YES ☐ No

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Dr. Rick Elbert

How would you describe your health before you began receiving your adjustments?

(Please describe) Pretty good except for Thyroiditis and always being tired

What is it that you heard or read that made you decide to choose my office for chiropractic care?

My mom had had a mini-exam and suggested I try it.

Were you skeptical about chiropractic ? ☒ YES ☐ NO

Please explain: Didn't realize how much it affected the rest of my health.

What are the 3 benefits that you've noticed since you've begun chiropractic care?

1. less tired
2. able to stand for longer periods of time
3. more energy

What aspects of my service has most impressed you and why?

How much better I feel after only around 1 month of care

Your name (optional):

The Loving Life...Loving Health...
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Your Name:

Christa

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

Because it makes me feel better and
that makes me a better person & in
a better mood

How have I benefited from Dr. Elbert's care?

Learned how to take better care of my
spine & my "troubled" areas & how to do
rehab and the stretches

If someone was asking me about Dr. Elbert's care, here's what I'd say:

It is great - I especially enjoy rehab - I
can tell it helps - I wish my insurance
would cover more visits for chiro, though so
I could go more

How does it feel to have my body's "Health Reset Button®" gently triggered* (in other words, how does it feel to get a Chiropractic Adjustment)?

Good - especially when I do it
more preventative-ly instead of when
it hurts, I make an appointment

Other comments about Dr. Elbert:

Dr. Elbert may use any of my comments in the promotion of his practice.
☒ YES ☐ No

THANK YOU!!!

The Loving Life...Loving Health...
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Your Name: Candice

Why do I, as a practice member of Dr. Elbert's, love chiropractic?

I love the improvements in the health of myself and my son. I love Dr. Elbert's overall concern for our total health and well-being.

How have I benefited from Dr. Elbert's care?

With regular chiropractic care, I do not need to use ibuprofen or antacids. My overall health is vastly improved. My son no longer needs to use an inhaler or allergy medicine and no longer complains of headaches.
If someone was asking me about Dr. Elbert's care, here's what I'd say:

I would say that Dr. Elbert's care has improved my son and my health beyond anything I could imagine. We are pain-free and medicine-free. My son loves that Dr. Elbert doesn't give shots!

How does it feel to have my body's "Health Reset Button®" gently triggered (in other words, how does it feel to get a Chiropractic Adjustment)?

It is the most amazing feeling - most of my complaints (stomachache or headache) are gone within minutes. Also, they stay away.

Other comments about Dr. Elbert:

Dr. Elbert is a caring and compassionate Dr. He is concerned about my son and my total health. I feel most fortunate to need Chiropractic care - Dr. Elbert is outstanding in his practice. ☺

Dr. Elbert may use any of my comments in the promotion of his practice.

☒ YES ☐ No

THANK YOU!!!

Thank You — Dr. Elbert!